

# **Coaches Licenses** **and the** **CDYSL Coaching Education Program**

## **Introduction**

In an attempt to deal with the burgeoning growth of soccer everywhere and the need to prepare and train coaches to better deal with the needs and demands of youth soccer, the United States Soccer Federation Coaching Courses were created. Since 1978 some of the very best coaches in the country have certified over 4000 coaches in upstate New York, which includes the Capital District. The purpose of the courses is to train and prepare coaches at every level of experience to better deal with demands of coaching and teaching the game of soccer. Regardless of your experience and the level of player that you are coaching, these courses will give you ideas that will help you develop players and make the game more fun and worthwhile for those players that you coach. The great thing about these courses is that no experience is necessary, and all you have to bring is a ball, water and a desire to learn. For all courses a notebook will be provided.

## **The 2006 Initiative**

***The CDYSL has set a date for the spring of 2006 that all coaches that are coaching a CDYSL travel team must have a coaching license.***

## **Youth License or Module-9 hour course**

This course is for beginning coaches or coaches who deal with players that are 12 years of age or younger. Aspects of the curriculum will include the basics of all skills, age appropriate games for players under 12, and psycho-motor development and learning for this age group. The course is a participatory course and attendance at all sessions is mandatory. There is no test. This course meets the prerequisite for the "D" license.

## **"E" License-18 hour course**

This course is for coaches who have experience dealing with players under the age of 14. This will cover all the skills and tactical progressions that would be appropriate for players 14 years old and younger. This course meets the prerequisite for the "D" license. There is a take home test that must be post marked no later than one week after the last day of the course and attendance at all sessions is mandatory.

## **"D" License-36 hour course**

You must have met the pre-requisite of any of the following to qualify for the "D" course:

You must be able to document in writing four years of playing college ball or high level amateur ball.

You must have either an "F", "E" or youth module license that can be documented.

Evaluation will be as follows:

Attendance at all sessions is mandatory.

You have to pass the written test.

You have to pass the practical teaching test.

This is a participation course. You will receive a "State D", a "National D" or a failure when you complete the course. The "National D" is the pre-requisite that will allow you to go on for the USSF National "C".

