

## CDYSL League ODP

### Introduction:

Several years ago, the Capital District Youth Soccer League (CDYSL) executive committee recommended a number of changes to the Olympic Development Program (ODP). The changes reflected innovations and national trends that have been taking place across the country in the sport of soccer.

Essentially, the program has been broken up into two parts, the **Developmental Program** and the **Competition Program**. The essentials of each program are explained below in the questions and answers and table below.

**Ques:** What is the purpose of the ODP structure?

**Ans:** The purpose of the ODP is twofold:

1. To provide players with regular, high quality instruction, from some of the best coaches in the Capital District Area; and
2. To provide competition/training for players that are looking for additional good competition and that our coaches feel we can be competitive at. The CDYSL is trying to provide quality instruction to committed players so that they can play at higher levels (state and regional ODP, college, premier team, etc.)

**Ques:** What day and where will the training take place?

**Ans:** Training will take place on Monday's for players born between 1995 and 1998 and on Tuesday's for players born between 1999-2000 during the winter months for the *developmental program* at the University at Albany.

Practices for the *competition program* will be on Monday nights for all age groups starting mid April at a location TBA.

**Ques:** If my child participates in the Developmental program will he automatically make the Competition Program?

**Ans:** Players that participate in the Developmental Program will be given the first priority of making the Competitive Teams if players trying out on the tryout dates are in the coach's eyes of equal ability. However, the tryout rule is this: **The best players that tryout makes the team!** Tryout dates for the Competitive Teams will be held in April 2010. Time/date/location TBA.

**Ques:** Is it O.K. if my child only participates in the Developmental Program but not the Competition Program?

**Ans:** It is O.K. to participate in only one program or the other. However, those people that participate in the Developmental Program will be given first priority (if they are of equal ability with a player that is not in the Developmental Program) over everyone else to participate in the Competition Program.

**Ques:** The price is very high, coupled with the fact that I will be sending my child to soccer camp this summer, I cannot afford the price. Is there financial aid?

**Ans:** There is very limited amount of financial aid for families that have an expressed need. Financial need questions should be addressed to Mary Ann in the office (432-2325) or to Roy Pfeil (email: rpfeil1@hotmail.com). Otherwise, families will have the following options for payment:

1. Payment in full at the time of registration
2. Three payments for \$125.00, the first due at the time of registration, the second due December 1, 2009 and the last due January 1, 2010.

Additionally, the 22 sessions of instruction that your child will be receiving in the Developmental Program will be very comparable, and even better, than many of the top camp programs in the country.

Because the program is spread out over 6-8 months, reinforcement and retention of all skills and concepts will be greater, consistent and progressive. Finally, your son or daughter will not have to attend any soccer camps because of the quality instruction that your child will be receiving.

**Ques:** My son plays on a premier club. What is he going to gain by participating in the League ODP?

**Ans:** Many premier clubs have coaches whose only coaching experience is as a player. Remarkably, and unfortunately, some premier level coaches have even less. All of our league ODP coaches that will be part of this program have had extensive coaching and playing experience. In addition, all the coaches have had extensive preparation and training. League ODP coaches that will be used in this program will not be doing a “smoke and mirrors” game that takes your money. The coaches have been prepared with the best and latest methods and progressions to get the desired results.

**Ques:** The price seems awfully high do you think you will get enough participants?

**Ans:** There are some players/families that may not be able to afford the fee and drop out but before they do that they should see if they can receive some financial aid. Additionally, we are looking for players who are committed, motivated and want to play at a higher level to be part of the program.

**Ques:** What about coaches in the program who try to recruit players (poach players) to their own club teams, what are you going to do to prevent that?

**Ans:** The CDYSL policy is very clear regarding League ODP coaches poaching/recruiting players. In the past there have been allegations that ODP coaches have recruited players to their club. In cases where poaching/recruiting has occurred and been substantiated we have removed the coach from the program for the subsequent year. League ODP Coaches are reminded on a regular basis about the **No Poaching/recruiting Policy.**

<b>The Developmental Program</b> Technical and Tactical Training Sessions		<b>The Competition Program</b> Age and Ability Level Competitions
<b>'95-98 age group</b>	<b>'99-'2000 age group</b>	
<b>Qualifications-</b> Open to all boys and girls that <b><u>participate on a CDYSL travel team.</u></b> <b>Training: <u>22 sessions</u></b> that will start in early	<b>Qualifications-</b> Open to all players that <b><u>participate on a CDYSL travel team.</u></b> <b>Training: <u>22 sessions</u></b> starting will start in early	<b>Competitions</b> will take place only in June, July and, maybe, early August. To include 3 tourneys all of which will be premier, invitational, or select tourneys.

<p>November, 2009 and end in April 2010. Training dates are: Nov. 2, 9, 16, 23, 30: Dec. 7,14,21: Jan. 4, 11, 18, 25:Feb. 1, 8, 22: March 1,8,15,22,29: April 12, 19</p> <p>Each session would be 75 minutes. All sessions will be conducted on Monday's.</p> <p><b>Facilities:</b> Training will be held at the University at Albany Bubble</p> <p><b>Fee:</b> \$375/player (22 sessions)</p>	<p>November,2009 and end in April 2010 Training dates are: Nov. 3,10,17,24, Dec. 1,8,15,22: Jan. 5,12,19,26: Feb. 2,9,16,23: Mar. 2,9,16,23,30: Apr. 13,20.</p> <p>Each session would be 75 minutes. All sessions will be conducted on Tuesdays.</p> <p><b>Facilities:</b> Training will be held at University at Albany's bubble..</p> <p><b>Fee:</b> \$375.00 (22 sessions)</p>	<p><b>Tournaments:</b> The following are competitions that the League ODP teams will participate in: The <b>Empire Cup</b> (Capital District), <b>East Hudson Invitational</b> (Poughkeepsie), <b>Hall of Fame Tournament</b> (Oneonta). Other tournaments may be attended depending upon player abilities and interest.</p> <p><b>Minimum number of participants:</b>16 (if we do not have 16 participants in an age group then we may seek guest players or we may not enter competitions in that age group)</p> <p><b>Competition Age Groups:</b> 1995-1998 <u>there will be no competitions for the '99-'200 age group..</u></p>
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		<b>Fee:</b> TBA to include uniform, 3 tourneys, registration, insurance, 11 training sessions on Monday's** and coaches salary.
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**Training dates and fees may vary slightly depending on numbers of participants, weather, and any unforeseen circumstances that may occur.**