

Summary of Small Sided Play U08 – U12

U08 Small Sided Rules:	U10 Small Sided Rules: <i>*(revised 9/11/14)</i>	U12 Small Sided Rules: <i>(Revised 9/1/16)</i>
1. Number of Field Players: Small sided 4 vs. 4 games with no goalkeeper	1. *Number of Field Players: 7 v 7, including goalkeeper	1. Number of Field Players: 9 v 9, including goalkeeper
2. Field Size: Fields are to be small, a pair to fit sideways within current full-size fields, attempting to minimize lining overlaps. 2 (25-35 yards x 15-25 yards)	2. *Field sizes: It is recommended that clubs use field sizes in the USYS recommended range (55-65 long x 35-45 wide).	2. Field size: Fields are recommended to be 70-80 yards long x 45-55 yards wide according to USYS and Region I rules
3. Goal Size: Goals are recommended to be a popup size (6 ft. width ~ each dual field method game requires four goals) and 4ft. height. No corner flags are needed.	3. *Goal size: It is required that clubs use the USYS required 6 1/2 x 18 foot goals.	3. *Goal size: CDYSL requires using 6 1/2 x 18-foot goals or maximum goal size of 7 x 21 feet.
4. Rules/Method of Play: “Dual field method” each team is split into two squads on game day and two simultaneous games are played between the two opposing clubs’ teams. Refer to current CDYSL rules and regulations for rules specific to U08. No off-sides. No penalty kicks. Opponents should be 10 feet away from the ball on all restarts.	4. Rules of play: Refer to current CDYSL rules and regulations: e.g., direct and indirect kicks are awarded and the offside rule will be enforced. “Build-Out line” rule. Once the opposing team is behind the build-outline, the goalkeeper can pass, throw or roll the ball into play (punting is not allowed). Once ball is put into play, it must be touched by a teammate before the opposing players cross the build out line.	4. Rules of play: Standard CDYSL/FIFA rules apply.
5. Length of Game: Play will consist of four 12 minute quarters	5. Length of Game: Play will consist of two 25 minute halves.	5. Length of Game: Play will consist of two 30 minute halves.
6. Roster Size: Roster size is 14. Minimum is 7, however you can share players with the other team.	6. *Roster Size: Roster sizes for U10 will stay at a maximum of 14. Clubs are urged to set the limit at 12 if possible. Minimum number of 7 players. Games can be played with 5 players at a minimum.	6. Roster Size: CDYSL will permit roster sizes of 18 for league play. Minimum number 7 players. Roster sizes for teams entering 9v9 State Cup competition are limited to 16 players (the Region I limit) Games cannot start with less than 6 players.
7. Team Placement: The league will NOT create seeded U08 divisions. Instead, divisions will either be “experienced” or “geographic”. Thus clubs may form “experienced” or “inexperienced” teams according to the guidelines specified in the full rules document.	7. Team Placement: Based on seeded divisions (including some geographic)	7. Team Placement: Based on seeded divisions (including some geographic)
8. Tryouts: Clubs that field multiple teams at the U08 level are NOT to compose teams based on skill level – therefore, there can be NO TRYOUTS for team assignment at U08 (see the full document for additional details)	8. Tryouts: Permit clubs to form teams based on tryouts in the same manner as in the recent past.	8. Tryouts: Permit clubs to form teams based on tryouts in the same manner as in the recent past.
9. Awards/Standings: U08 play will be Non-Result Oriented. Participation awards for all players	9. Awards/Standings: U10 play will be Non-Result Oriented. Participation awards for all players	9. Awards/Standings: Trophies will be awarded to 1 st and 2 nd place teams in each division. Guidelines for the determination of final team standings are recommended by the Games Committee and will be posted on the CDYSL website prior to the start of the league season.
10. Ball Size: Use a size three (3) ball	10. Ball Size: Size Four (4) ball	10. Ball Size: Size Four (4) ball

Clubs should review these and additional changes found in the new rules document in planning for tryouts and field usage, and game play in this age group.